# WISHES INTO REALITY: BASIC COACHING PACKAGE

Do you wish you could get that promotion, create a new habit or reach a personal goal? Coaching provides the space to breathe, learn, and plan so you can take the necessary steps to transform your wishes into reality.

## WIRED FOR SUCCESS? SELF-DISCOVERY PACKAGE

Great leaders know and trust themselves and, in turn, gain their followers' trust and respect. Improve your emotional intelligence (EQ) by getting to know how you are uniquely wired. Discover your learning and communication styles, top five strengths, appreciation language, and four-letter personality type through assessments and coaching.

## MAKE IT STICK: POST-CONFERENCE PACKAGE

Ever returned from a conference excited to apply your new knowledge only to be swamped with playing catch up? This package will help you implement the strategies you learned so you can make an impact in and out of the office.

# WELL ROUNDED WISDOM: 360 DEGREE LEADERSHIP ASSESSMENT PACKAGE

Wishing for a broader understanding of your leadership performance? Receive feedback from superiors, colleagues, and staff, followed by Dandelion's exclusive one-on-one coaching to set goals and enhance your leadership strengths.

## CHILL OUT: STRESS MANAGEMENT PACKAGE

Have you been losing sleep, snapping at your co-workers, dreading Monday, or feeling overwhelmed? These are common signs of unmanaged stress. With this package you'll identify your four-letter personality type, discover how your type reacts to stress, and establish an action plan to transform sleepless nights into peaceful dreams.



#### WHAT IS COACHING?

At Dandelion Leadership Coaching we define coaching as a partnership between healthy individuals to transform personal and professional wishes into reality.

Reports indicate coaching clients gain confidence and self-awareness, and reduce procrastination. They also report establishing and taking action toward achieving goals, becoming more self-reliant, gaining more job and life satisfaction, contributing more effectively to the team and the organization, taking greater responsibility and accountability for actions and commitments, working more easily and productively with others, and communicating more effectively.

### WHO CAN BENEFIT FROM IT?

The short answer is everyone. The Dandelion Leadership Coaching (DLC) answer is leaders and emerging professionals. My answer is YOU.

Schedule a free 45-minute call today to talk about how coaching can help you transform your wishes into reality.

<a href="https://bit.ly/CallGuyla">https://bit.ly/CallGuyla</a>

